What is claimed is:

1. A female intraurethral device for containing a urinary flow control valve unit comprising:

a sheath having a distal portion, a proximal portion, and a lumen therethrough; a distal member having a proximal portion;

wherein the proximal portion of the distal member is elastically hinged to the distal portion of the sheath; and

the distal member being biased to extend radially away from the sheath.

- 2. A female intraurethral device as recited in claim 1, wherein the axis of the distal member is disposed at an angle to the axis of the sheath.
- 3. A female intraurethral device as recited in claim 1, wherein the distal member has a first, outwardly extended position, and second, longitudinally extended position.
- 4. A female intraurethral sheath as recited in claim 1, wherein the sheath, and the distal member are both comprised of silicone rubber.
- 5. A female intraurethral sheath as recited in claim 4, wherein the sheath, and the distal member are both comprised of thermoplastic rubber.

- 6. A female intraurethral device as recited in claim 1, wherein a flow control valve is disposed within said sheath lumen.
- 7. A female intraurethral device as recited in claim 1, wherein the distal member includes a generally conical distal tip.
- 8. A female intraurethral device for containing a urinary flow control valve unit comprising:
 - a sheath having a distal portion, a proximal portion, and a lumen therethrough;
 - a distal member having a proximal portion;
 - a linking member having a distal end and a proximal end;

the distal end of the linking member being fixed to the proximal end of the distal member; and

the proximal end of the linking member being fixed to the distal end of the sheath.

- 9. A female intraurethral device as recited in claim 1, wherein the linking member is comprised of a flexible material.
- 10. A female intraurethral device as recited in claim 1, wherein the linking member is comprised of an elastomeric material.
- 11. A female intraurethral device as recited in claim 1, wherein the axis of the distal member is disposed at an angle to the axis of the sheath.

- 12. A female intraurethral device as recited in claim 1, wherein the distal member has a first, outwardly extended position, and second, longitudinally extended position.
- 13. A female intraurethral sheath as recited in claim 4, wherein the distal member and the linking member are integrally formed with the sheath.
- 14. A female intraurethral sheath as recited in claim 4, wherein the sheath, the distal member, and the linking member are all comprised of silicone rubber.
- 15. A female intraurethral sheath as recited in claim 4, wherein the sheath, the distal member, and the linking member are all comprised of thermoplastic rubber.
- 16. A female intraurethral device as recited in claim 1, wherein a flow control valve is disposed within said sheath lumen.
- 17. A female intraurethral device as recited in claim 1, wherein the distal member includes a generally conical distal tip.
- 18. A method for treating female urinary incontinence comprising the steps of:
 providing a female intraurethral device comprising a flow control valve disposed
 in a sheath and a distal member elastically hinged to a distal portion of the sheath;

inserting the distal member into a female urethra; urging sheath into axial alignment with the distal member; and urging the sheath into the female urethra.

- 19. The method of claim 12, further including the steps of:

 providing an insertion tool including a distal end; and

 fixing the distal end of the insertion tool to a proximal end of the flow control valve.
- 20. The method of claim 12, wherein the axis of the distal member is disposed at an angle to the axis of the sheath.
- 21. The method of claim 12, wherein the distal member has a first, outwardly extended position, and second, longitudinally extended position.